

## GRIEF RESOURCES

(AVAILABLE IN THE HEIGHTS LIBRARY)

**ABIDING HOPE**, by Ann Hagmann. Upper Room Books, ISBN 0-8358-0959-5.

Encouragement in the valley of the shadow of death, either by illness, caregiving or employment. Bite-size application of the Psalms. Prayer focuses and suggestions.

**ALL OUR LOSSES, All Our Grievs**, by Kenneth R. Mitchell & Herbert Anderson. WJK, ISBN 0-664-24493-9.

[www.wjkbooks.com](http://www.wjkbooks.com) Resources for pastoral care. Examines process of grief with illustrations and case histories of individuals these two pastors have experienced.

**ANSWER FOR A LOST CHILD**, by Forrest “Dusty” Hardesty Robinson. Winepress Publishing,

ISBN 1-57921-223-9. Forty-six pages of answers to many hard questions in encouraging parents in matters of salvation of their children, whether they are 4 or 40, and why does Jesus let bad things happen to us.

**AS I JOURNEY ON**, by Sharon Dardis and Cindy Rogers. Augsburg 9-3889. [www.augsburgfortress.org](http://www.augsburgfortress.org)

Meditations for those facing death. Comforting stories and prayers for the end of life. Dardis is a registered nurse with 19 years’ experience in hospice.

**AT THE DEATH OF A CHILD**, by Donald L. Deffner. Concordia Publishing House, ISBN 0-570-04608-4.

Words of comfort and hope in 32 pages.

**BE NOT AFRAID**, by Johann Christoph Arnold. The Plough Publishing House, ISBN 0-87486-916-1.

[www.plough.com](http://www.plough.com) Arnold, a pastoral counselor, tells how ordinary men, women and children found strength to conquer their deepest fears: accidents, acts of terror, illness or dying, loneliness or grief.

**CHILDREN AND GRIEF**, by Joey O’Connor. Revell, ISBN 0-8007-5976-1. Realistic approaches to helping

children understand death and deal with grief and a broad range of issues. Has a long list of what “not” to do. Many grief resources are listed at the end of the book.

**CONQUERING THE MYSTERIES AND LIES OF GRIEF**, by Sherry Russell. Publish America, ISBN 1-59129-

724-9. [www.PublishAmerica.com](http://www.PublishAmerica.com) Understanding the maze-like journey of grief to help you plow through your mental, physical and spiritual health to get to a life filled with goals and not despair.

**COPING WITH LIFE, AFTER YOUR MATE DIES**, by Donald C. Cushenbery & Rita Crossley Cushenbery.

Baker Book House Co., ISBN 0-8010-5765-5. Some tips and resources for facing head-on decisions that must be made after losing a spouse.

**GOOD GRIEF**, by Granger E. Westburg. Fortress Press 1-1114. [www.augsburgfortress.org](http://www.augsburgfortress.org) A 64-page standard

resource for people grieving losses. With gentle wisdom and acute insight into human nature, Westburg guides the reader through the stages of grief.

**HOW TO GO ON LIVING WHEN SOMEONE YOU LOVE DIES**, by Therese A. Rando, Ph.D. Bantam Trade,

ISBN 0-553-35269-5. Learn to grieve in your own way. A comprehensive resource listing and a chapter on finding professional help and support groups also included.

**WHEN YOUR PARENT DIES**, by Ron Klug. Augsburg 9-4263. [www.augsburgfortress.org](http://www.augsburgfortress.org) A 46-page comforting

and helpful book for adults grieving the loss of a parent.