

SMALL GROUP LEADER GUIDE

Awkward / Week 3

BEFORE GROUP

BOTTOM LINE

How you treat others and yourself matters to God.

SCRIPTURE

“...And you must love the Lord your God with all your heart, all your soul, all your mind, and all your strength.’
The second is equally important: ‘Love your neighbor as yourself.’ No other commandment is greater than these”
(Mark 12:30-31 NLT).

GOAL OF SMALL GROUP

To encourage students to consider the way they value themselves and others and to point them toward finding their worth in God.

THINK ABOUT THIS

A conversation about sexual integrity is about so much more than just sex and dating. This is key for middle

schoolers, as many of them aren’t interested in dating or not allowed to date yet. If you talk only about how sexual integrity applies to that specific part of their lives, many will tune out or think it doesn’t apply to them. Do your best to help them think about how they can show value and practice sexual integrity in other areas of their lives. Point them toward things like the music they listen to, the shows they watch, the pictures they post, and the way they talk to and think about other people. Sexual integrity can work in all these areas and more! Finally, remember that you may have students who have experienced sexual abuse on some level. This conversation could lead them to eventually open up to you about that, so be prepared to follow up, support, and point them toward help if and when they do.

This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here.

DURING GROUP

ICE BREAKER

What matters the most to you right now?

DISCUSS THIS

1. How do people know when something matters to us?
2. How do people know when something doesn't matter to us?
3. What are some reasons that a middle schooler might think they're not valuable to God?
4. How might knowing that God says we all have value change the way we treat...
 - Others?
 - Ourselves?
5. What does sexual integrity have to do with the way we value others and ourselves?
6. What does choosing sexual integrity look like...
 - In the songs we listen to?
 - In the videos we watch?
 - In the jokes we tell?
 - In the rumors we spread?
 - In the way we think about someone else?

DO THIS (EXPERIENCE)

Give your students the provided sticker or lock screen image as a reminder that how they treat others and themselves matters to God.



LOVE GOD.

LOVE SELF.

LOVE OTHERS.



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