

*When finished with activities, return all necessary items to bag and place in the hallway for pick-up.*

Program B-1

## Jesus Heals a Man's Hand (Matthew 12:9-14, Mark 3:1-5, Luke 6:6-11) Life of Jesus 2 Series: Lesson #7

Bible Verse: Let us do good to all people." Galatians 6:10

Past verses: Help one another. Galatians 5:13

You are the light of the world. Matthew 5:14

Tell the good news to everyone. Mark 16:15

Seek first the kingdom of God. Matthew 6:33

Jesus is the Son of God. John 1:34

John the Baptist preached, "Prepare the way for the Lord."

Matthew 3:3

Bible Story for children:

Focus on: It is always good to "do good."

Prop ideas: Bandage or sling for hand - Begin telling the story trying to open your Bible with one hand.

Lamb/sheep Beanie Baby™ and a box or pot (pit)

### SAMPLE STORY

It was the Sabbath, the day of rest and worship. Jesus was in the synagogue teaching. (We observe the Sabbath on Sundays. We worship at church, spend time with our families. God wants us to rest and not work on the Sabbath). In the synagogue there was a man with a crippled right hand. It was all shriveled up so that he could not use it to do anything. He had learned to get by using just his left hand. Many of the religious leaders were watching Jesus closely. They thought it was wrong to heal someone on the Sabbath because they thought it was work. And, you were not supposed to do work on the Sabbath. They were waiting for Jesus to do something wrong. Jesus knew just what they were thinking.

Jesus asked the people, "Which is better to do on the Sabbath: to do good or to do evil, to save life or destroy it? If you have a sheep and it falls into a pit, won't you pull it out? How much more valuable are people than sheep? Therefore, I tell you it is best to do good on the Sabbath." Jesus then said to the man with the shriveled hand, "Stretch out your hand." He stretched out his hand and it was completely restored, good as new.

The religious leaders were upset. They did not want Jesus to help people on the Sabbath. But Jesus knew that God wants us to do good whenever we can, especially on Sunday. Our Bible verse reminds of this. "Let us do good to all people." Galatians 6:10 That means that we should always do good for everyone whenever we are able.

FYI

Second Session Classes will be:

- Making Hand Flowers
- Playing with Sock Hands
- Playing "Who Has It in His Hand?"

## STACKING CHEERIOS

Materials: Cheerios  
Paper Towels (In room)

Do: Ask children to sit on their right hand (or at least place it under the table).  
Give each child a few Cheerios on a paper towel.  
Say a blessing for the snack.  
Before eating the snack, tell them to stack their Cheerios as high as they can using only their left hand. (Lefties will have an advantage).  
See who makes the highest stack.

Talk About: The man in our Bible story could only use his right hand. His left hand was all shriveled up. He had to learn to do everything with one hand. How would you feel if you had only one hand? Jesus healed the man so that his hand was as good as new.

## COLORING PAGE

Jesus Heals a Man's Hand

Materials: Coloring Pages  
Bible Verse Stickers  
Crayons/markers (In room)

Do: Let children color their pictures freely.  
Add a Bible verse sticker when finished.

Talk About: Some people did not want Jesus to heal the man. But what did Jesus do? Jesus asked, "Is it better to do good or evil on the Sabbath?" What is your answer?

## NAME THAT TUNE and SING TOGETHER

Materials: None

Do: Gather children in a circle for a time of singing. In addition to singing some favorite songs, play Name That Tune with some easy familiar songs. Sing a few notes replacing the words with 'la' or 'da.' A few suggestions:

Row, Row, Row Your Boat  
Twinkle, Twinkle Little Star  
Jesus Loves Me  
Old MacDonald

*Be aware that some tunes are the same for more than one song.  
(This Old Man and Barney's theme song I Love You)*

After playing Name That Tune sing some of the following as a time of praise.

### He's Got the Whole World in His Hands

He's got the whole world, in His hands  
He's got the whole world, in His hands  
He's got the whole world, in His hands  
He's got the whole world, in His hands

He's got the little bitty baby, in His hands  
He's got the little bitty baby, in His hands  
He's got the little bitty baby, in His hands  
He's got the whole world, in His hands

He's got you and me children, in His hands  
He's got you and me children, in His hands  
He's got you and me children, in His hands  
He's got the whole world, in His hands

He's got the sun, moon & stars, in His hands  
He's got the sun, moon & stars, in His hands  
He's got the sun, moon & stars, in His hands  
He's got the whole world, in His hands

### Head, Shoulders, Knees and Toes

Head, shoulders, knees and toes, knees and toes  
Head, shoulders, knees and toes, knees and toes  
Eyes and ears and mouth and nose  
Head, shoulders, knees and toes, knees and toes

*Point to body part as it is sung.  
- On the next verse, hum 'head' but still point to it. - On third verse, hum 'head' & 'shoulders' while still pointing to them. Continue until you are humming everything. Go faster with each verse.*

### Oh, How I Love Jesus

Oh, how I love Jesus  
Oh, how I love Jesus  
Oh, how I love Jesus  
Because he first loved me

### Jesus Loves Me

Jesus loves me, this I know  
For the Bible tells me so  
Little ones to him belong  
They are weak, but he is strong

Yes, Jesus loves me  
Yes, Jesus loves me  
Yes, Jesus loves me  
The Bible tells me so

### GOD IS SO GOOD

God is so good (3X)  
He's so good to me

He loves me so (3X)  
He's so good to me

He answers prayer (3X)  
He's so good to me