

# Refrigerator Door

Some important things to keep in front of your family this week

We are learning about  
**SELF-CONTROL**  
this month

## **BOTTOM LINE** For Week 1

If you don't have  
self-control,  
somebody's going  
to get hurt.

**Memory Verse**  
"Like a city whose  
walls are broken  
down is a man who  
lacks self-control."  
Proverbs 25:28, NIV

## **TALK ABOUT IT**

Talk about these questions  
as a family on your way  
home or during a meal.

### **Kid's Question**

Can you name 3 ways  
someone could get hurt if  
you don't show self-control?

### **Parent's Question**

In what area of life is it  
hardest for you to  
show self-control?

**SELF-CONTROL**  
IS  
choosing to do  
what you should  
do, not what you  
want to do

**Today's Bible Story**  
The principle of  
self-control  
Proverbs 25:28

For a great song about  
self-control, check out the  
CD *Between You & Me*,  
available in the online store  
at [www.reThinkGroup.org](http://www.reThinkGroup.org).

**252 BASICS**<sup>®</sup>