

What are ABFs?

ABFs are Adt Bible Fellowships and the name describes well what they are all about:

- **Bible** - In order for us to have a growing relationship with God, we believe people have to grow in their knowledge of who God is, what He thinks, how He acts, what He says and that comes through a deeper and firmer knowledge of the Bible.
- **Fellowship** - knowing the Bible is not enough for people to grow the way God intends. To grow like that, one needs to develop deep relationships with other believers and join together in this pursuit of God. The ABFs are the best place to discover and work on those relationships.

What does The Heights offer for my kids on Sunday mornings?

At The Heights, we desire for the entire family to GROW intentionally and, therefore, we offer outstanding opportunities for all ages.

- **JOYland** - our preschool ministry lovingly cares for children from birth through pre-kindergarten. Surrounded by a clean, safe environment, your child will be tenderly taught about God and His Word by our dedicated, trained teachers. Please visit our JOYLand desk, located by the fish tank just south of the Worship Center for answers and room assignments.



- **KDOG** - where Kids learn to Depend On God. We want to challenge kids (grades K-6) to trust God, make wise choices, and build lasting friendships. Children are introduced to key virtues from the Bible using both large and small group times. Children can be checked into KDOG in the foyer of the KDOG hallway, which is located on the 2nd floor, just south of the Worship Center.



- **TISM** - The Heights Student Ministry has a vision to raise up a generation of Junior High and High School students whose passion is to know God and make Him known. Students in grades 7-12 meet in the lower level of the facility (also known as "The Brick"). Students in grades 7-8 meet in groups at both 9:15 and 10:50, while students in grades 9-12 meet at 9:15.



CONTACT US

Allow us to serve you or answer any questions you may have

972.231.6047 www.theheights.org



Pennie Olivo

Joyland (Preschool)
polivo@theheights.org
Ext. 245



Robbie Sutton

KDOG (Grades K-6)
rsutton@theheights.org
Ext. 240



Steve Aylor

Student Ministry (Grades 7-12)
saylor@theheights.org
Ext. 262



Dan Burke

Minister to College & Singles
dburke@theheights.org
Ext. 264



Pam Nicholson

Middle Marrieds
pnicholson@theheights.org
Ext. 243



John Palmer

Median/Senior Adults
jpalmer@theheights.org
Ext. 250



Chris Havard

Spiritual Growth & Formation/
Early Marrieds
chavard@theheights.org
Ext. 221



Early Marrieds Bible Fellowship

Our Early Marrieds Bible Fellowships provide a place for every couple and parent of preschoolers and/or children. For more information, contact Chris Havard (see back panel for contact information)

Class Name	Approx. Age Range/Description	Room
9:15 a.m.		
<i>Honeymooners</i>	23-29 For couples married less than 1 year	C202
<i>Vintage</i>	23-29 For couples married 1 to 3 years	221
<i>Impact</i>	25-31 For couples married 3-6 years, most 1 child.	C201
<i>Journey</i>	26-32 For couples married 4-8 years, most with 1 or more children.	C103
<i>Joshua Tree</i>	25-33 For couples married 3-8 years, most with 1 or more children.	Mezzanine (West)
<i>Element26</i>	30-36 For young couples with young preschool children or without children	C203
<i>29:11</i>	30-38 For young couples with preschoolers and beginning elementary school	214
<i>Crosswalk</i>	33-39 For young couples with preschoolers and beginning elementary school	213/215
<i>FUEL</i>	33-40 For couples with children in K-6th grade	237
<i>Our Father's Kids</i>	36-45 For couples with children in K-6th grade	C102
<i>LIFT</i>	35-45 For couples with children in grades 7-12	207
<i>Nearly Wed Seminar</i>	Fall & Spring 10 week seminar. <i>Call for dates</i>	231

Class Name	Approx. Age Range/Description	Room
10:50 a.m.		
<i>Couples for Christ</i>	25-34 For young couples with no children and those beginning families	233
<i>Vineyard Fellowship</i>	33-40 For young couples with preschoolers and early elementary years	214
<i>CSI</i>	39-48 For couples with children in K-6th and early teens	Mezzanine (East)
<i>Family Ties</i>	40-48 For couples with children in K-6th and early teens	C202
<i>The Anchor</i>	41-49 For couples with children in grades 7-12	C201

Middle Marrieds Bible Fellowship

Our Middle Marrieds Bible Fellowships provide a place for every couple and parent of teenagers, college students, or young adults. For more information, contact Pam Nicholson (see back panel for contact information)

Class Name	Approx. Age Range/Description	Room
9:15 a.m.		
<i>The Open Door</i>	45-55 Bible Study for couples in their 40' - 50's who are parents of youth and young adults	Mezzanine (East)
10:50 am.		
<i>Perry's Prayer Warriors</i>	50-60+ For parents of youth, college students, and/or young adults	203
<i>The Shepherd's Flock</i>	50-60+ For couples who are parents of students, college students and/or young adults	234/235
<i>Bible Boomers</i>	50-65+ For couples who are parents of students, college students and/or young adults	Mezzanine (West)
<i>Basic Bible Stories 101</i>	Any Age or Marital Status Basic Bible stories & history for new believers or those wanting a refresher	211

60 & Better Adult Bible Fellowship

The Median & Senior Adult Division provides Bible Study fellowships for adults **60 and better**. Everyone may participate in the Senior Adult activities. For more information, contact John Palmer (see back panel for contact information).

Directors/Teachers	Approx. Age Range/Description	Room
8:00 a.m.		
<i>Cookie Slate</i> Darrell Grice	60-80+ Verse-by-verse Bible Study, study of books, people or themes of the Bible	203
9:15 a.m.		
<i>Henry SoRelle</i>	60-70+ In-depth book study	201
10:50 a.m.		
<i>Jim & Dotty Daniel</i> •Barbara Van Horn, Warren Bassham, & Harold Bates	65-70+ Studies vary with teachers	A01-02 (C102)
•Jim Burgess	Bible-based curriculum	(138)
•Jim Foster	Application curriculum	(A01)
•John Palmer	In-depth book study	(C103)
<i>Bryson Class</i> Don Barr	65-70+ <i>Explore the Bible</i> curriculum	C101
<i>Richard Ray</i>	60-70+ Life Application Bible-based curriculum for couples	206/208
<i>Fred Roach</i>	70--80+ Bible-based curriculum	213-215

College/Singles Ministry @ The Heights

We're a community of faith that exists to engage our culture & experience life together. We value investing time to build relationships and focus on God with one another. Whether you're a college age student right out of high school or a single parent in your late 40's, we have a place for you! Contact Daniel Burke to learn more (contact info on back panel of brochure)!

Young Adult Singles @ 9:15am

College(Reallife)/Twentysomethings(4:41): Each Sunday morning at 9:15 am we gather together in the West Wing (located across from the gym) for fellowship, a rotation of large group teaching and individual small groups for discussion. We meet every Sunday morning and Thursday evening.

Veritas (late 20's through early 30's) room 211: Join us each Sunday for small group style fellowship, discussion, and to meet some new faces!

Single Adults @ 9:15am

Living Stones (30's& 40's) room 210

Our Single Adult Bible Fellowships meet every Sunday at 9:15am for fellowship and Bible teaching. These groups are a great way to make new friends, study God's word, and serve others.

Single Adults @ 10:50am

The Wheelhouse (40's, 50's and early 60's) room 232

Our Single Adult Bible Fellowships meet every Sunday at 10:50am for fellowship and Bible teaching. These groups are a great way to make new friends, study God's word, and serve others.

Women's Bible Fellowship

For more information, contact Pam Nicholson (see back panel for contact information)

Class Name	Approx. Age Range/Description	Room
8:00 a.m.		
<i>Friendship Class</i> Mary Sue Ard	64-90 <i>Explore the Bible</i> curriculum, for ladies	A01
9:15 a.m.		
<i>Proverbs 31 Women</i>	23-48 For Single women & women with Young Families	235
<i>Frances SoRelle</i>	48-64 Bible Study for women of all ages/marital status	209

Circle of Friends

(Ages 18 and older)

This class meets in **Room 205 at 9:15 a.m.** and is designed to meet the unique needs for adults with cognitive disabilities. The Circle of Friends class uses the Access literature from Lifeway. For more information, contact Richard Covington (see back panel for contact information).